

2022

CRUSADER SUMMER CAMPS



Online registration and additional Summer Camp information, including VBS, can be found on the LHS website under the 'Activities' tab.



BASEBALL CAMP

June 13 - 16 Grades 5-8 9:30 a.m. - Noon \$65
LHS Baseball Field



DEKKER BASKETBALL CAMP

Girls: June 20-23 Grades: 4-6 (AM) Grades: 7-9 (PM) \$75
Boys: June 27-30 Grades: 4-6 (AM) Grades: 7-9 (PM)
AM SESSION: 9:00 - 11:30 AM PM SESSION: 1:00 - 3:30 PM



SLAMMA JAMMA BASKETBALL CAMP

July 11-14 Slamma Jamma One: 9:00 - 11:30 AM (Grades: K-3) \$65
July 11-14 Slamma Jamma Too!: 12:00 - 2:30 PM (Grades: 3-5)



ART CAMP

July 11-14 Grades: 1-4 8:00 - 9:30 AM \$65
July 11-14 Grades: 5-8 10:00 - 11:30 AM



VOLLEYBALL CAMP

July 25-28 Grades: 4-6 Time: 9:30 - 11:00 AM \$50 Grades: 4-6
July 25-28 Grades: 7-9 Time: 11:30 AM - 1:00 PM \$65 Grades: 7-9



PRO ACTIVE FITNESS CAMP

June 21 - July 28 Tues & Thurs Grades: 5-9 11:45 AM - 12:45 PM \$65
LHS Weight Room



CRUSADER HOOPS

June 14 - July 29 Mon-Fri Grades: 7-12 9:00 - 11:00 AM \$65

**During camp weeks (Slamma Jamma, Dekker, and Volleyball), Crusader Hoops will take place from 7:00 - 9:00 AM



CRUSADER WEIGHT TRAINING

NEW!

June 20 - July 28 Mon-Thurs Grades: 7-12 9:00 - 10:15 AM \$65

*Crusader Weight Training will follow the Crusader Hoops Camp. During camp weeks (Slamma Jamma, Dekker, and Volleyball), Crusader Weight Training will start at 9:00 AM. During non-camp weeks, it will follow Crusader Hoops at 11:00 AM.

**All registrations for 2022 Crusader Summer Camps will be processed through our online portal. To access the online registration visit: www.lutheranhigh.com and select the 'Activities' tab.

Crusader Summer Camps are held on the Lutheran High School grounds at 3323 University Drive, Sheboygan

CRUSADER SUMMER CAMPS



Camp Offerings



Boys Baseball

\$65

Players will have the opportunity to learn new defensive and offensive skills that will develop their baseball abilities and make their practice time more efficient. Players will learn a variety of new games and compete for prizes. Each camper enjoys learning team play, cooperation, and mutual respect while having fun playing our national pastime. Players must bring their own gloves, and are encouraged to bring their own bat. All other equipment will be provided.

June 13-16

LHS Baseball Field

9:30 a.m. - Noon

Boys entering grades 4-8 (boys who have completed 3rd grade, boys entering 8th grade)

Tim Muth, LHS Varsity Baseball Coach and Faculty

Boys & Girls Slamma Jamma One

\$65



Boys and girls entering grades K-3 - This Slamma Jamma basketball camp is designed to teach basic basketball skills using ADJUSTABLE HOOPS. Players from Kindergarten thru 3rd grade will develop skills dribbling, passing, shooting, pivoting, and playing defense. Each day, campers will experience skill enhancement, games, scrimmages, and contests. Adjustable height basketball hoops will be used. Each camper will receive a basketball, a jersey, a picture with the staff, and an incredible experience.

July 11-14

LHS gym

9:00-11:30 a.m.

Jeff Jurss, LHS Varsity Cross Country Coach and Faculty



Slamma Jamma Too for Boys & Girls

\$65

Boys and girls entering grades 3-5 - Advanced Slamma Jamma Too basketball camp is designed to teach basic basketball skills at the 10 FOOT HOOPS. Players will develop skills dribbling, passing, shooting, pivoting, and playing defense. Each day, campers will experience skill enhancement, games, scrimmages, and contests. Each camper will receive a basketball, a jersey, a picture with the staff, and an incredible experience.

July 11-14

LHS gym

12:00-2:30 p.m.

Jeff Jurss, LHS Varsity Cross Country Coach and Faculty

CRUSADER SUMMER CAMPS



Camp Offerings

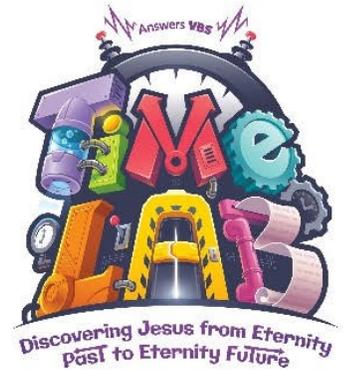
VBS at Good Shepherd Lutheran, Sheboygan

Come join us for VBS this summer. We will use our **"Time Lab in Discovering Jesus from Eternity Past to Eternity Future."** There will be an opening ceremony with prayer, lesson plans, singing, crafts and more.

June 27 - 30, 2022

10:00 a.m. - 12:00 p.m.

Grades: K - 6th



To register: Go to lutheranhigh.com and click on 'Summer Camps' under the 'Activities' tab. Scroll down to find Vacation Bible School and click on the words 'Please Register' to register your child.

Art - Grades 1 - 4

\$65

Students will explore the great world of art using a variety of different activities to develop their artistic skills. This camp will place emphasis on having fun while exploring creativity. The cost of the camp covers all project materials, including a tie dye t-shirt and a sketchbook to take home for use all summer long. Please provide a smock for your child; an adult t-shirt works great!

July 11 - July 14

LHS Room 130

8:00 - 9:30 a.m.

Children entering Grades 1 - 4 (minimum 5 to have the class)

Note: Sign up by June 29th so materials can be ordered.

Instructed by Laura Adameak, Art Teacher

Camp Limit: 20



Art - Grades 5-8

\$65

Students will explore the great world of art using a variety of different activities to develop their artistic skills. This camp will place emphasis on having fun while exploring creativity. The cost of the camp covers all project materials, including a tie dye t-shirt and a sketchbook to take home for use all summer long. Please provide a smock for your child; an adult t-shirt works great!

July 11 - July 14

LHS Room 130

10:00 - 11:30 a.m.

Children entering Grades 5 - 8 (minimum 5 to have the class)

Note: Sign up by June 29th so materials can be ordered.

Instructed by Laura Adameak, Art Teacher

Camp Limit: 20



CRUSADER SUMMER CAMPS



Camp Offerings

Bump it Up Volleyball 4 - 6

\$50

This camp will focus on the fundamental skills of volleyball such as passing, serving, setting, hitting, and defense. Activities center on developing skill and confidence in beginning players, while promoting teamwork, fun and enthusiasm for the sport.

July 25 - 28 LHS Gym 9:30 - 11:00 a.m.

Girls entering grades 4 - 6

Jana Rosenstein, Elementary Teacher/Volleyball Coach



Volleyball 7 - 9

\$65

This camp will focus on increasing knowledge of volleyball and learning the essential volleyball skills needed to be a successful player. Activities center on developing proper form and technique, maintaining control of the ball, communication, and understanding defensive strategies, while encouraging teamwork, confidence, and enthusiasm for the sport.

July 25 - 28 LHS Gym 11:30 a.m. - 1:00 p.m.

Girls entering grades 7 - 9

Lisa Klapperich, LHS Varsity Volleyball Coach

PRO-Active Sports & Fitness Camp

\$65

This summer fitness camp is geared toward teaching middle school athletes how to reach the next level of play for their sport. Athletes will learn how to improve their flexibility to lessen the chances of injury during their sports season. They will also learn basic weight training lifts that will help them begin their strength training goals. Lastly, the athletes will be taught how to position their bodies to run faster and jump higher, which increases their success during their sports season.

Students will leave this camp in better shape than when they started, they will increase their social skills with other athletes their age, and they will be able to take the newly-learned skills and apply them immediately in their health lives.

June 21 - July 28 Tuesdays & Thursdays

LHS Weight Room and Gym

11:45 a.m.– 12:45 p.m.

**Students entering grades 5 - 9*

Tyler Thomas, Certified Physical and Health Education Instructor and Coach



CRUSADER SUMMER CAMPS



Dekker Hoops Camp

Basketball - Boys & Girls, Gr. 4 - 6

\$75

This camp offers a week of exciting basketball and focuses on the fundamentals of the game. Instruction will be given on dribbling, catching, passing, shooting techniques, rebounding, and offensive and defensive skills. The camp includes quality instruction of both individual and team skills, drills, scrimmages and contests. Participants will be instructed by grade level and skill ability.

SESSION I: **Girls** **June 20-23** **LHS Gym** **9:00 - 11:30 AM** **Mon. - Thurs.**

SESSION II: **Boys** **June 27-30** **LHS Gym** **9:00 - 11:30 AM** **Mon. - Thurs.**

Boys and girls entering grades 4 - 6

Todd Dekker, Experienced Varsity Basketball Coach

Contact Coach Todd Dekker at: cdekker6964@charter.net or 920-918-6966.

Basketball - Boys & Girls, Gr. 7 - 9

\$75

This camp offers a week of exciting basketball. It focuses on the fundamentals and is designed to emphasize team play. Instruction will include shooting techniques, defense, post play, guard play and conditioning. Our goal is to provide the best instruction to help you become a better basketball player. The camp also includes game competition, contests, scrimmages and evaluations. This camp provides a tremendous opportunity to make improvements in the off-season!

SESSION I: **Girls** **June 20-23** **LHS Gym** **1:00 - 3:30 PM** **Mon. - Thurs.**

SESSION II: **Boys** **June 27-30** **LHS Gym** **1:00 - 3:30 PM** **Mon. - Thurs.**

Boys and girls entering grades 7 - 9

Todd Dekker, Experienced Varsity Basketball Coach

Contact Coach Todd Dekker at: cdekker6964@charter.net or 920-918-6966.

Note: Personalized T-shirts will not be guaranteed for any camp form received after the T-shirt deadlines.

Girls camp t-shirt deadline is June 8, Boys camp t-shirt deadline is June 15.



CRUSADER SUMMER CAMPS



Crusader HOOPS

Crusader HOOPS focuses on skill development, ball handling, footwork, shooting, scoring, defense, and rebounding. Coaches will lead group and individual skill development.

\$65

*YOU WILL GET OUT OF IT WHAT YOU PUT INTO IT.
COME AS OFTEN AS YOU CAN...STAY AS LONG AS YOU CAN...*

June 14 - July 29 Mon. - Fri.

9:00 - 11:00 a.m.

**During camp weeks (Slamma Jamma, Dekker, and Volleyball), Crusader HOOPS will take place from 7:00 - 9:00 a.m.*

Grades: 7 - 12

Jeff Jurss, LHS Varsity Cross Country Coach and Faculty



Crusader Weight Training

Crusader Weight Training is designed to improve an athlete's strength, flexibility, and mental health in order to gain a competitive advantage for their lifestyle. Students will learn proper weight training techniques and etiquette in order to improve their health. Participants will maintain a weight training journal that they will use to record their program results. Students will leave this camp in better shape than when they started, will increase their social skills while working with other athletes, and will be able to take these newly-learned skills and apply them immediately into their healthy lives.

\$65

June 20 - July 28 Mon. - Thurs.

9:00 - 10:15 a.m.

**Crusader Weight Training will follow the Crusader HOOPS camp. During camp weeks (Slamma Jamma, Dekker, and Volleyball), Crusader Weight Training will start at 9:00 a.m. During non-camp weeks, it will follow Crusader HOOPS at 11:00 a.m.*

Grades: 7 - 12

Tyler Thomas, Certified Physical and Health Education Instructor and Coach



Lutheran High Crusaders Summer Camps

Meet the Instructors



Jeff Jurss

Jeff Jurss is the director for the LHS SlammaJamma Camps. Coach Jurss is a Physical Education, Social Studies, and Theology teacher, and the Sheboygan Lutheran High Boys and Girls Cross Country Coach. He also assists with Track and Field, has coached the JV Boys' Basketball team and Girls' Varsity Basketball at Sheboygan Lutheran. Coach Jurss has also coached a variety of Recreation Department basketball teams and many teams at the YMCA. His staff will include a variety of people who have experience with basketball and love sharing their time teaching and having fun with kids.



Jana Rosenstein

Jana Rosenstein is in her 15th year of teaching. She has also spent 13 years coaching girls volleyball at the 5th - 8th grade level. She is originally from Sheboygan and attended Sheboygan County Christian High where she lettered in three different sports. She played volleyball and received her B.A. in Early Childhood/Elementary Education from Lakeland College. Jana and her husband, Eric, reside in Sheboygan.



Tim Muth

Tim Muth is a Social Studies teacher and the Head Varsity Baseball Coach at Lutheran High School. Coach Muth has over 25 years of coaching experience and over 100 wins at the Varsity level and Conference Championships. He has been running baseball camps for 19 years, and is a member of the Wisconsin Baseball Coaches Association. He resides in Sheboygan with his wife, Nicole. Their three children, Jacob, Erin, and Kalee all attended Sheboygan Lutheran High. They are members at Trinity Lutheran in Sheboygan.



Laura Adameak

Laura Adameak has been part of the LHS Art department for 19 years and currently serves as the Academic Guidance Counselor. She resides in Sheboygan with her husband Ryan, and their three children Cole, Seth, and Owen. They are members at Bethlehem Lutheran Church in Sheboygan.



Todd Dekker

Todd Dekker was the Varsity Coach of Sheboygan Lutheran for 17 seasons. Prior to his Varsity position, he was the Sheboygan North High Freshman Basketball Coach for four seasons and Assistant Varsity coach at North for six years. Coach Dekker was the director of the Y's Girls' Basketball Camp for 10 years and has been directing camps at Lutheran High since 1997.



Tyler Thomas

Tyler Thomas is a certified Physical and Health Education instructor with over 20 years of experience. Coach Thomas has been instructing summer school fitness training the past 7 years, and has been coaching middle and high school level sports teams for over 24 years. Coach Thomas enjoys seeing student-athletes work hard in order to achieve their fitness goals.



Lisa Klapperich

Lisa Klapperich is the Girls Varsity Volleyball coach at Lutheran High School. Coach Klapperich has been coaching for 18 years, with 11 years at the high school level. She was a three-sport athlete in high school and a two-sport athlete in college. Coach Klapperich enjoys teaching the fundamentals as the key to the long term success of a volleyball player. She enjoys sharing her passion for the game through high energy and motivation. She and her husband, Dennis, live in Plymouth with their three children, Kiera, Kole, and Karli.

CRUSADER SUMMER CAMPS



Cancellation & Refund Policy

Course cancellation and refund policy

Sheboygan Lutheran High School may find it necessary to cancel a specific summer program. When cancellation becomes necessary, those enrolled will be notified and a full refund of payments will be made.

REFUND POLICY:

1. If a registered student withdraws from a summer program due to injury or illness, a full refund will be provided, minus a \$10 administrative fee.
 - Dekker Camp attendees: If a camper cancels due to injury or illness, the \$10 administrative fee applies as well as payment to cover the personalized camp t-shirt (if one has been ordered).

Crusader Camp COVID Update

Sheboygan Lutheran High School is looking forward to having you being a part of our camps this summer. Sheboygan Lutheran High School wishes to provide programs and activities in a safe manner and holds the safety of participants in high regard.

1. All campers will come into the Gym Entrance of our school. We ask that you please drop your child off for camp or walk your child to the door.
2. Masks are optional and not required.
3. Hand sanitizer will be readily available throughout the facility.
4. Each camper needs to bring their own water bottle and clearly mark the bottle with their name on it. Please only drink out of your own water bottle. Campers will have access to our bottle filling stations.
5. Equipment used for the camp will be sanitized.
6. All campers and counselors will need to have a registration/release form before they can participate in the camp.

Thank you for participating in our Crusader Camps!

****All registrations for 2022 Crusader Summer Camps will be processed through our online portal.**

To access the online registration visit: www.lutheranhigh.com and select the 'Activities' tab.