

*Accept the Challenge - the Crusader Challenge - CC For Life*

## **Sheboygan Area Lutheran High School Cross Country Crusaders 2024**

### **47th Annual Sheboygan County Meet**

Tuesday, October 1 2024

@Sheboygan Lutheran

### **Time Schedule**

**3:45 – Coaches Meeting in the commons off the deck.**

**4:15 - Girls Varsity 5K**

**4:55 - Boys Varsity 5K**

**5:30 - Boys Junior Varsity and Girls Junior Varsity**

**6:10 - Awards**

### **Awards**

Medals - 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> - place Boys and Girls Varsity Teams. 1st place Boys and Girls JV Teams.

Medals - 1<sup>st</sup> – 21<sup>st</sup> - place individuals in the Boys Varsity and Girls Varsity.

Ribbons - 1<sup>st</sup> – 21<sup>st</sup> - place individuals in the Boys Junior Varsity and Girls Junior Varsity.

It is a small meet - in the number of participants in the Varsity race - but its high quality.

There are many JV runners and lots of fans since everyone is from close by.

### **Teams scheduled to compete;**

Cedar Grove

Kohler

Sheboygan North

Oostburg

Plymouth

Sheboygan Falls

Sheboygan South

Howards Grove

Elkhart Lake

Sheboygan Lutheran

Sheboygan Christian

Random Lake