

Sadder Sentinel

May 28, 2009



“Neat Repeats” to Open LHS needs volunteers for its secondhand shop that is set to open in June.

by Giulia Weyrich

A Lutheran High sponsored secondhand shop called “Neat Repeats” will open near the Plymouth Walmart on June 1, 2009.

Executive Director Jim Pingel says that Dave Gass, the board chairman, will manage this store. Gass is the leader of the store committee, which consists of 23 people.

Pingel says that the board of directors began talking about opening this store one year ago. David Zimmermann presented the idea of a secondhand store to members of the board as a way to bring in more money to the school.

According to Zimmermann, after bringing this idea up at several board meetings, enough interest was finally sparked in order for the idea to be pursued, but there is still a lot of work ahead.

Members from the store committee started the process of opening the store, according to Zimmermann, by researching other thrift stores and speaking with their managers. The committee has already worked to secure a location and the materials needed to get it started.

“We are getting some months of free rent and we have received donations of shelving and other items for the store, as well as some cash donations,” says Zimmermann.

Items for donation can be dropped off at the store between 10 am and 5 pm on Monday through Friday or from 11 am to 3 pm on Saturdays. Pingel says donations will be accepted at LHS for the short term, up until June 12, and then transported by volunteers to the store.

According to Pingel, the opening of Neat Repeats will be beneficial in several ways.

“Students and other community members will now have an opportunity to be part of a

positive organization and give back to the community,” he says.

Two such volunteers, who will be in charge of scheduling other volunteers, are Darlene Mech and Chris Melcher, members of Trinity Lutheran Church in downtown Sheboygan.

“This experience will help everyone involved understand how volunteers from Lutheran High are serving others,” says Pingel, “and how Christ served us.”

(Continued on page 5)

In This Issue

LHS Second Hand Shop	1
End of the Road	2
Awards Night and LHS Auction	3
Senor Diener & Cadaver Lab Trip	4
Opinions	5
A Journalism Farewell	6

Driving has its Costs

End of the Road presentation demonstrates to LHS students the dangers of inattentive driving

by Becca Quam

On April 29, 2009 the students of Sheboygan Lutheran High School and Christian High School viewed a presentation called "End of the Road" hosted at Sheboygan Lutheran. It was presented by the Sheboygan Fire Department and Police Station to teach students how to make better decisions on the road.

Al Holzheimer, principal at Sheboygan Lutheran High School, says that he saw a similar presentation at Oostburg High School last year and thought it would be beneficial for LHS to do it also.

"We're always looking at programs [that will] educate the students," says Holzheimer.

In a pamphlet put together by Academic Guidance Counselor Myrna Lastusky, students were educated on the facts of irresponsible driving.

"Most of us are occasionally guilty of inattentive driving, speeding, or not buckling up," she said. "All bad decisions."

According to the pamphlet, traffic crashes are the greatest single cause of death for all persons age six to 33. Alcohol, a major contributor to those accidents, kills six and a half more youth than all other illicit drugs combined.

"Reminders like this program show that it can and does happen to people of all ages," says Lastusky. "Hopefully it [left] a lasting impression on everyone."

In between speakers, the two schools viewed a video of Jacqueline Saburido. This was a true story of a victim of a drunk driver. She was with two of her friends in a car when a drunk driver hit the car she was riding in. Her friends were killed and she was trapped in the car when it caught on fire. Saburido survived, but like other victims of drunk driving, her life was changed forever.

Students also heard from presenters about some of the outcomes that occur for or to inattentive drivers, including a fire fighter paramedic, policeman, medicine doctor and a testimony for LHS Teacher Rick Zeuner.

Trevor Kahn, a senior at LHS, says that the presentation was very beneficial.

"It was shocking to realize what could happen," says Krahn. "Students need to know that it's important to be careful."

"I think it's necessary for students to see this presentation because it will help them make better choices in the future," says Kim Buck, a junior at LHS. "[And] it shows that it can happen to any one of your friends anytime."

Students were ushered outside to the LHS parking lot for the second part of the presentation, a crash re-enactment with Sheboygan Lutheran and Christian High School actors.

"Having real people we know going through it made it more effective," says Nathan Steele, a senior at LHS.

Kirstin Feldmann, a senior at LHS and actor in the re-enactment says that seeing her friend's body on the hood of the car and the "blood" on the windshield made it all sink in and caused the greatest impact for her.

"So many people die from this," says Feldmann. "[When driving], we make decisions between life and death for not only ourselves but also for other people."

Some of the organizations that assisted in the re-enactment were the Sheboygan Fire Department and Police Department, along with Orange Cross Ambulance, Flight for Life, and Lanser Towing.

Also helping in the re-enactment were Tryg and Ann Marie Jacobson, parents of one of the student actors Ana Jacobson.

"Ann Marie and I were happy to help in anyway possible," says Tryg Jacobson.

Tryg and Anna Marie mourned the "death" of their daughter, which proved to be a truly emotional role for them.

"When asked, we did it as much out of love as we did a sense of duty and service to our Lord."

This was the part of the presentation that affected Freshman Alex Webster,



the most.

"It impacted me the most when the parents came [to the scene] because they were screaming and yelling, which made the demonstration even more real."

Chloe Van Der Weele, a sophomore at LHS was also impacted by the presentation.

"I thought they did a great job," says Van Der Weele, "They made it seem very real."

Lastusky said that she'd love to believe that Lutheran High students always make good decisions but realistically everyone is a sinner.

"Most of us have this feeling of invincibility," she says, "the 'it-won't-happen-to-me syndrome. It's harder to say 'It won't happen to me' when you are watching your friends get taken away in ambulances, helicopters, and hearses."

Lastusky says she thought the presentation would serve as a wake-up call.

Tryg Jacobson says possibly the most important thing the presentation provided was a learning experience for students.

"The good Lord afforded us this opportunity to learn from this staged re-enactment, so that we might not have to learn from the real thing."

A Rewarding Night

Class of 2009 brings in over \$1 million in scholarships

by Adon Brown

Lutheran High's students were honored for their academic achievements last Wed., May 13, during the annual Lutheran High School Honors Nights and Art Fair.

The students raised approximately 1.1 million dollars in scholarship money, according to Academic Guidance Counselor Myrna Lastusky.

Lastusky says that for as much money that was earned, seniors also turned down a lot of money.

"I don't know the actual numbers because they weren't reported to me," said Lastusky, "but I know of many students who turned down 50 thousand dollars or more. One even refused a full ride to a private school."

Seniors Ryan Johansen and Anna Heling received the most scholarships in their senior class. Department awards were given to students of every class for academics and co-curricular activities.

All of the art students' works from throughout the year were on display in the gym for the evening.

The top ten seniors were also honored that night. According to Lastusky, the seniors' rank was determined by a couple different factors.

"We take the top ten by GPA," said Lastusky. "Then we look at a formula that includes GPA, ACT scores and strength of schedule."

This year's top ten seniors included Valedictorian Trevor Krahn, Salutatorian Stephanie Cox, Anna Heling, Casey Hasenstein...

The evening ended with a viewing of the Senior Class Video created by Senior Kirstin Felmann.

The honors night, according to Lastusky, was a good way to honor the God-given gifts of the students.

"It's just a great night to celebrate the many blessings we've been given."

Another Successful Auction

LHS dinner auction brings in \$126,000 and pays a special tribute to a much-loved man

by Hannah Dekker

Saturday, April 25 marked an important date on the Lutheran High calendar. The 29th annual "Crusader for bids" dinner auction was hosted at Lutheran High School and raised a total of \$126,000.

"I walked out [of Lutheran High] that night feeling very encouraged," says Executive Director Jim Pingel. "Times are tough and it was a relief to see that people still are willing to support the work of our school."

As the economy may be in a rut, auction attendants did not let their struggles phase their donations to Lutheran High. The auction was able to raise \$126,000 throughout the night, which will go towards the school's general funding and student scholarships.

Some of the popular items to bid on were trips to the Bahamas, Bon Jovi Summer Fest tickets, and a cockapoo puppy. After much bidding, Pingel became "dad of the year" and brought the puppy home to his children.

Dr. John Travis, a veterinary in Sheboygan County, was an active bidder throughout the night. A side of beef was up for bid during the oral auction. Travis, being a strong supporter of Lutheran High, won the meat for \$3,000. After being asked what he plans on doing with the meat, Dr. Travis replied, "I'm going to give it to needy families."

Mr. Charles Benedum, athletic director and long-time teacher at Lutheran High, was honored at the Auction for his dedication and loyalty to the school. Benedum will be retiring as athletic director next year and an endowment in his name was created in honor for his many years of leadership. The Charles Benedum Student Mentor and Athletic Endowment will help in financing the athletics at Lutheran High and future students tuition.

"We wanted to give back to [Mr. Benedum] who gave so much to us," says Pingel.

During the oral auction, attendants watched a video on Benedum's service to LHS, and after, were given the opportunity to give money to his endowment.

\$76,000 was raised for the Benedum endowment program plus a \$25,000 match. Some of the high donors to this fund were Mr. Hans Dittmar, Mr. Russ Rindt, and Mr. and Mrs. Jim and Alva-Lea Pingel.

"It was great to see people respect Chuck and honor him with his service through their gifts," says Pingel.

In total, the Benedum endowment plan stands at \$176,000, which will go toward assisting students with tuition.

"I was so happy with the outcome of [the auction]," says Pingel. "I was touched by the night."

End of the Year Beach Party

Lutheran High School will host its annual end of year beach party at the Quarry from 12 to 3 p.m. on Fri., May 29.

This is an opportunity for students to celebrate the ending of another school year with their teachers and friends.

Students, bring your yearbooks for one last opportunity to have friends sign it.

Food will be provided. Students are encouraged to bring items for entertainment.

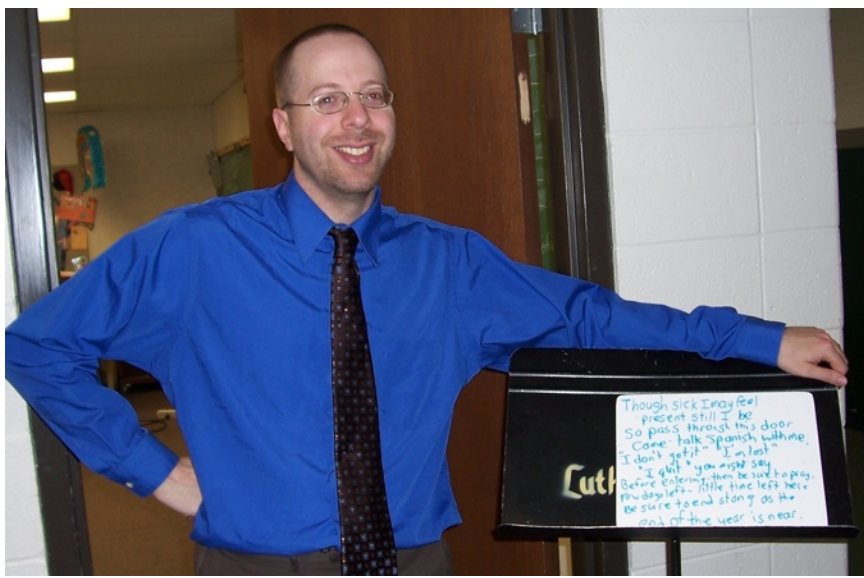
Sader Sports Action

Girls' Soccer plays their regional game today, May 28 at home vs. Roncalli at 4:30 p.m. Come out and support our team!

The golf team took 2nd at regionals on Tues. May 26. They will compete in sectionals next Tues. June 2 at Rock River Hills in Waupun.

Track was successful at regionals. The girls took 1st and the boys took 2nd. For conference, girls finished 2nd and the boys finished 4th.

Track sectionals are Fri., May 29 at Princeton.



LHS says "Adios" to Señor

Students and faculty reflect on the impact Señor Diener has had on Lutheran High

by Anna Heling

A student who walks towards the entrance of Señor Diener's Spanish classroom will come across a white board outside the door, complete with a silly rhyme that encourages students to come in for extra help, or even just to talk. As that student opens the door and enters the classroom, he will be greeted warmly and invited to take a seat and talk. And as that student leaves the classroom, he will have a better understanding of Spanish concepts, feel more confident, and have a pep in his step. Such is the effect Lutheran High Spanish Teacher Jeff Diener has on his students.

Diener attended Luther College in Iowa, where he earned a degree in elementary education coupled with a Spanish degree, and was not expecting a call to teach at a Lutheran high school.

"I didn't want to teach here. I was hoping for two years," says Diener. "After six years, I can see now why God called me here . . . and what He's doing in my life."

He has always felt a special passion for youth ministry and notes the differences between being a teacher and a youth director.

"It's frustrating [as a teacher] to balance being a teacher to your students and creating relationships with them," he says. "It's a constant balancing act."

Diener's passion for working with kids is evidenced by many of his students.

"I love how much love he has," says Senior Trevor Krahn, who has been a student in Diener's Spanish class for four years. "He wants us to succeed and cares about what we think, and I know that he prays for us."

Lutheran High Executive Director Jim Pingel also has taken note of Diener's Christ-centered attitude towards his students.

"When I think of [Diener], I think of his focus on spiritual growth," says Pingel. "He's not just a Spanish teacher; he also cares about the students' personal growth. He's teaching and encouraging them to grow in their relationships with Jesus Christ."

Diener says that he strives to help his students grow in their faith. He can see that his students trust him because a number of them have come to him with personal struggles.

"I try to create an atmosphere where all [people] feel open to talk and share," he says. "I want them to always be aware of what the bigger picture [in life] is."

(Continued on page 5)

Cadaver Lab

LHS Anatomy & Physiology students travel to Concordia Mequon's cadaver lab

by Gulia Weyrich

On Tuesday, April 21st, the anatomy and physiology class from Sheboygan Lutheran High School visited the cadaver lab at Concordia University in Mequon.

"This trip serves the very important purpose of locking everything the students learned in class in place," says Rick Zeuner, the anatomy and physiology teacher. This experience provides the students a chance to see how everything they've learned in class fits together from a three dimensional view instead of a diagram.

Zeuner says that one can't work on the human body unless he or she has interacted with it, just as one can't understand a car if one hasn't worked on it. The best way to experience the way something functions mechanically is to take it apart, according to Zeuner.

"Once you see it visually, it flows together better," says Alyssa Demmin, an anatomy and physiology student.

A former student of Zeuner's, who planned to begin a career in psychology, recognized the benefit of visiting the cadaver lab when she was able to actually see and hold the brain, according to Zeuner.

"It finally clicked," Zeuner recalled her saying. "I'm going to go into psychology and now I know what I'm working with."

Even Zeuner says he was affected by this experience. According to Zeuner, he never thought about the fact that he teaches to that organ on a daily basis.

"I work with that lump of cells everyday. When it stops working there is no way to start it again."

The students of this year's anatomy and physiology class found the experience very interesting and surprising.

According to Chad Sandee, another anatomy and physiology student, the cadaver was amazingly complex and seeing the muscles was very unique.

"I was surprised at the size of the lungs," says anatomy and physiology student Tim Neerhoff. "I thought they were more slender."

According to Zeuner, the models the anatomy and physiology class has don't come close to seeing the real thing. "You don't get a sense of size unless you're working with human bodies."

Based upon a class vote, the visit to the cadaver lab was a positive experience that the class would like to repeat.

Opinions -

What would you do to prevent the swine flu?



"Do not go to any farms."
-Freshman Stacy Schneider

"Everyone should wear a paper bag over their heads."
-Sophomore Sami Graf



"Put people in a giant bubble like in the movie Bubble Boy."
-Junior Nate Wein

"Slaughter pigs!"
-Senior Matt Glenzer



"Use GPS and your grapher to avoid driving past hog farms."
-LHS teacher Mr. Witte

(Continued from page 4)

He also strongly believes that Lutheran High has strengthened his personal relationship with the Lord.

"It's helped me to daily be in the Word," he says. "I have gone from a 'Sunday Christian' to a 'Minutely Christian.' [My faith] has become a permanent part of my life."

"He is an inspiration for me," says Pingel. "Money and material possessions don't matter for him . . . he walks the talk [of life as a Christian]."

Pingel also says that, whether it is through Diener sharing Christ with others or through making personal sacrifices, he is the spirit of being who he is supposed to be as a Christian.

"He also has a big heart for kids and the ministry."

Pingel says he has seen Diener's passion for missionary work both in the community and in third world countries.

Diener also acknowledges this passion.

"I feel that the Lord will call me to mission work in another country," he says. "The Holy Spirit is like love. It's hard to define, but you just know [what the Lord wants you to do]."

For right now, Diener's passion for youth ministry has led him away from Lutheran High to take a new position as the Director of Youth and Family Ministry at St. Paul's Church in Sheboygan Falls, starting July 1. Through his new job, he will daily facilitate activities with the youth, as well as help direct confirmation and mission trips.

However, Diener hopes that he will stay connected with his extended Lutheran High family.

"I hope to still keep LHS an extension of the ministry at St. Paul's," he says, "and I hope to stay in contact with the teachers and students. I'll really miss the students . . . it will be hard leaving [everyone] at the end of the [school] year."

Undoubtedly, all of Lutheran High, both teachers and students, will miss Diener next year as well.

Says Krahn, "He is a great example of Christian devotion . . . a strong but quiet Christian leader."

(Continued from page 1)

According to Pingel, this store will also meet the needs of families in the community by providing affordable clothes and household items.

"The hope is that the store will bring more people in contact with Lutheran High School and therefore recognize the opportunity for students to attend a Christian high school."

According to Zimmermann, LHS will benefit from this store because the money earned will be used to provide assistance for student tuition and to directly fund the school.

Neat Repeats is currently in need of volunteers. According to Zimmermann, this store will be a great place for members of the church, retirees, and students to volunteer.

People who serve the community by volunteering at the store will have the opportunity to experience fellowship with others working for a cause says Pingel.

"[We're looking for] teachers, spouses and students to volunteer at the shop," he says. "Even if it's just one day for a couple of hours."

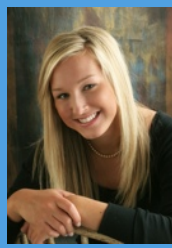
The store already has many volunteers; however, it will need to recruit more volunteers who will work on a regular basis.

"We need volunteers, prayers, and support," says Pingel.

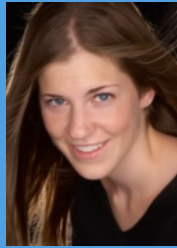
Sader Sentinel Staff



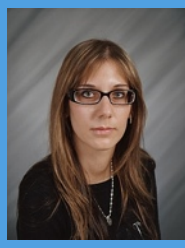
Kali Manning, advisor



Hannah Dekker, senior



Anna Heling, senior



Giulia Weyrich, junior



Adon Brown, junior



Becca Quam, soph.

A Journalism Farewell

Lockers are cleared out, final exams are completed, and yearbooks are signed. The end of the year is here, and for the seniors at Lutheran High, this marks the end of one chapter and the beginning of another.

As seniors, it's natural for us to reflect on our past four years and the mistakes we've made, the lessons we've learned, and the memories we'll never forget.

We've certainly matured over the years. Walking into LHS on our first day of freshmen year, we never expected our graduation day to come so quickly. Through the hours of volunteering in our community to the encouragement we give our fellow classmates, we've truly grown into more equipped Christian leaders.

One of the areas which helped us in this process was our Journalism class taught by Ms. Kali Manning. As the lone seniors in the class, we were expected to lead the group in brainstorming article topics for the newly founded "Sader Sentinel" newspaper, as well as compiling each issue. These two tasks, especially the latter, demonstrated to us the importance of time management, objectivity, and working independently.

Through the "Sader Sentinel," as seniors we feel we were able to "make our mark" on Lutheran High. We have, with the help of our fellow Journalism classmates, been able to fulfill a dream that Lutheran High has always had - to form a student-written newspaper.

As we leave Lutheran High and embark on new experiences, we hope that, through the "Sader Sentinel," other students will discover the enjoyment that comes from Journalism - engaging in interviews, assembling articles, and creating each issue. We have found that there is great satisfaction in being able to see your own work published, and we would love for others to feel this way as well.

Throughout our time at LHS, especially in our Journalism class, we have developed a better understanding of what will be expected of us in the future. We know the lessons we have learned will be valuable as we continue on in our lives.

God Bless!

Hannah Dekker & Anna Heling

Class of 2009

