



# Crusader

Communicator

A weekly newsletter of LHS Activities.

May 4, 2011

"And He gave the apostles, the prophets, the evangelists, the shepherds and teachers, to equip the saints for the work of ministry, for building up the body of Christ..."  
Eph. 4:11-12

## Lunch Schedule May 9 - 13

**Monday** - Au gratin Potatoes and Ham \$1.75, Green Beans 50¢, Desserts 75¢

**Tuesday** - Tacos \$1, Burrito \$1, Rice 50¢, Refried Beans 50¢, Ice Cream 75¢

**Wednesday** - Spaghetti w/meat sauce \$1.75, Garlic Bread 35¢, Vegetable 50¢, Fruit, Carrot Cake 75¢

**Thursday** - Pizza \$1/slice, Bread Sticks 35¢

**Friday** - Half Day School/No Lunch

**Everyday** - Milk 40¢; Grilled Cheese & French fries \$1.25; Fresh fruit 50¢; Salad 50¢, Condiments & Dressings

*Menu subject to change*

## Birthdays May 4 - 11

May 4 - Zoe Fintelmann  
May 6 - Sam Dekker  
May 7 - Josh Orville  
May 8 - Tyler Zastrow

## Calendar Reminders

- May 4** JV Girls Soccer vs. Winnebago Lutheran 4:30 PM  
HarvestFest Organizational Meeting at LHS 5:00 PM  
Baseball Meeting 6:00 PM  
Dance Team Try-outs W, Th, Fr 5:30 PM
- May 5** V Girls Soccer vs. Ozaukee 4:30 PM  
Track & Field at Martin Luther 4:00 PM  
Golf at Oostburg 4:00 PM
- May 6** Golf at Weisse Invite 9:00 AM  
LHS Fastpitch vs. Cedar Grove 4:30 PM **AT SOUTH HS**
- May 7** JV Girls Soccer at Milwaukee Luther Quad 9:00 AM  
Dance Team Final Try-out 9:00 AM
- May 9** Fastpitch vs. Howards Grove 4:30 PM  
Golf at Random Lake 4:00 PM
- May 10** JV Girls Soccer at Sheboygan Falls 4:30 PM  
Track & Field at Howards Grove 4:00 PM  
Fastpitch at Stockbridge 4:30 PM  
V Girls Soccer at Sheb. Christian 4:30 PM
- May 11** **Honors Night and Art Show 6:00 PM**

### **Art Show / Academic Honors Night Wed., May 11th!**

Lutheran High Honors Night and Art Fair is a special once-a-year event where we recognize Christian leadership and service, academic achievement, and scholarship. Student art work will also be on display. It's a fun and uplifting night you don't want to miss. The evening will begin with a dessert social at 6:00 PM and the program begins at 6:30 PM. Please RSVP to Kathy, 452-3323, by Monday! **All parents and students are encouraged to attend.**

### **PLEASE HELP SUPPORT THE CHILDREN IN EL SALVADOR!**

LHS Spanish students are holding a personal items drive to collect items to send to the children in El Salvador. Next winter, Team Amistad will deliver these items as they spread the Good News of Jesus with the people there. Items we are looking for include the following- toothpaste, toothbrushes, bars of soap, wipes, combs, band-aids, shampoo, conditioner, body gel, sanitizer, floss, mouth wash, and wash cloths. Please also prayerfully consider a monetary donation to help with the extra shipping costs! Please drop off your donations in Ms. Hoitink's room by May 9th if possible. Thank you!

**Auction Leadership Needed!** Please consider joining us on the auction leadership team. We need two or three couples to chair the 2012 LHS Auction. We have the major committee chairpersons in place but need a few couples willing to coordinate and put it all together for us. If you are interested or have questions, please contact Jim Pingel (pingel@lutheranhigh.com) or Kathy VanDeKreeke (vandekreeke@lutheranhigh.com). We would like to put together the 2012 auction team as soon as possible.

**Spring POPS Concert** - On Wednesday May 18th, the Music Department will be presenting its annual Spring POPS Concert. The concert will be held in the gymnasium and will begin at 7:00 PM, with the doors opening at 6:30 PM. Admission is free and open to the public. A freewill offering will be taken to help support the music department at LHS. The concert will feature selections from Wicked, Spiderman, Indiana Jones, Star Wars, and much more! We would love to see you there!

**Volunteers Needed** with spring around the corner, the spring clean-up date has been scheduled at Lutheran High. Parents, alumni, and students are needed to help volunteer with numerous projects (lawn work, gardens, general clean-up, etc.) to spruce up the grounds and campus in time for graduation. The facility committee has scheduled this opportunity for **Sat., May 14th from 7:30 AM till 1:00 PM** to assist them with these projects. If you are able to help anytime during the day, please call the school office or send an email to Tom Rusch (rusch@lutheranhigh.com) to sign-up. This is also a great opportunity for students to get service hours. Your help is greatly appreciated!

### Mark your calendar:

**Looking for service hours? The Tree of Life Retreat (St. John, Plymouth) is having a Spring Clean-up day on May 7.** If there are students or staff that would enjoy a half day or so working in or around the retreat, please contact St. John, Plymouth. Work gloves and a rake would be standard equipment. 8:00 AM start time.

**Good Hope Road - Praise band from St. Paul, Sheb. Falls** will be performing at the Upper Coffee House in Sheboygan on Sat., May 14th from 7:00 - 9:00 PM. Admission is free. Come listen to a current LHS student and alumni. This concert can be used as a 'concert review' for the music department.

**Trinity Howards Grove Men's Club** is hosting its annual brat fry for the good of Lutheran High on **Saturday, May 21st this year from 10 AM to 2 PM.** It will be held at Piggly Wiggly, Howards Grove, which is the same location as last year.



### WIAA Sports Pre-Participation Physicals

Attention parents of athletes!! Prevea Sports Medicine, along with other local area providers, will be offering WIAA Sports Pre-Participation Physicals again this year to our athletes for the upcoming 2011-2012 school sports year. Physicals will be offered on two dates: May 11<sup>th</sup> and May 16<sup>th</sup>. Cost of the physical is \$20.00, with all proceeds being donated back to the high school athletic departments. If you're student is in need of a physical please see below for dates, times and contact information to make an appointment. (Here is the link: [http://www.prevea.com/wiaa\\_physicals.nws](http://www.prevea.com/wiaa_physicals.nws))

### General Information:

**Dates & Location:** Wed. - May 11<sup>th</sup> @ Sheboygan South / Mon. - May 16<sup>th</sup> @ Sheboygan North

**Appointment Times:** 5:30-8:00pm

**Appointments:** To make an appointment please call or e-mail Margaret Bauer, MS, LAT at:  
Office: 920-803-2193 Cell: 920-284-0912 E-mail: [margaretb@prevea.com](mailto:margaretb@prevea.com)

**\*\*\*Physicals are being held on-site at Sheboygan North and South High Schools. You may make an appointment at either site. When calling to make the appointment please specify what school your child will be attending in the fall as the monies collected will be donated back to the athlete's respective high school.**

### NEAT REPEATS

(<http://www.neatrepeats ThriftShop.com>)

<b>Sales:</b>	May 2-7:	Clothing with white tickets 50% off
	May 9-14:	Shoes and Sandals \$2.00
	May 16-21:	Shorts & Capri Pants 50% off
	May 23-28:	Dishes, Glasses & Mugs 50% off

