



Crusader

Communicator

A weekly newsletter of LHS Activities

January 20, 2010

"But you are a chosen people, a royal priesthood, a holy nation, a people belonging to God, that you may declare the praises of him who called you out of darkness into his wonderful light. Once you were not a people, but now you are the people of God; once you had not received mercy, but now you have received mercy." 1 Peter 2:9-10

Lunch Schedule Jan. 25 - Jan. 29

Monday - Corn Dogs \$1; Mashed Potatoes w/ gravy 50¢; Chocolate Cream Pie 75¢

Tuesday - Pancakes w/syrup \$1; Sausages 2/\$1; Scrambled eggs 75¢; Tator Tots \$1; Applesauce 40¢; Coffee Cake 75¢

Wednesday - Ham & Turkey Subs \$2.25; Tomato Basil Soup 75¢; Marble Cake 75¢

Thursday - Spaghetti w/sauce \$1.75; Bread Sticks 35¢ or 3/\$1; Steamed Broccoli 40¢; M&M Cookies 2/75¢

Friday - Hamburgers / Cheeseburgers \$1.25/\$1.50 (Doubles \$1.75/\$2); Baked Beans 50¢; Chocolate Cake 75¢

Everyday:

Milk 40¢; Grilled cheese \$1.25; Fresh fruit 50¢; French fries \$1.25; Salad 50¢

Birthdays this week: Jan. 20 - Jan. 28

20 - Mike Deuberry
21 - James Miller
28 - Tyler Jablonski

Calendar Reminders

- Jan. 21** BBB at Elkhart Lake (JV, V) 6/7:30 PM
Jan. 22 GBB vs. Random Lake (JV, V) 6/7:30 PM
St. Paul, S.F. Congregation Night
Jan. 23 SALSA Grade School Dance at LHS Gr. 7 & 8 7:30 PM
Jan. 24 LHS Sunday at Trinity, Town Wilson (Band)
Jan. 25 SALSA Spelling Bee at LHS 7:00 PM
Jan. 26 BBB vs. Howards Grove (JV, V) 6/7:30 PM
Trinity, Howards Grove/Grace, Haven Cong. Night

Winter Wonderland Week Jan. 25 - 30

Citrus Sale Deadline - (Don't forget there are incentives for this fundraiser!)

The deadline to place an order is **TOMORROW**. The fruit is to be picked up and paid for on **Saturday, February 6th at Lutheran High School between 9:00 a.m. and 12:30 p.m.** If some people are unable to pick up their fruit, you may wish to consider delivering it to them in order to obtain their order. Also, the Golf Team will be sponsoring a **Brat Fry from 9:00 a.m to 12:30 p.m.** along with the citrus pick-up. Proceeds from the brat fry: 50% for the Golf Team and 50% to purchase technology enhancements for the classrooms.

So that our order can be as accurate as possible, **no orders will be taken after tomorrow until they can be confirmed with the vendor.**

Parent/Teacher Conferences - We look forward to seeing you at Parent/Teacher Conferences on **Mon., February 1st from 5:30-8:30 PM.** Typically these conferences take place at the conclusion of a quarter. This time you have an opportunity to see how your son or daughter is progressing at the mid-term of the 3rd quarter. Please take this opportunity to visit with your child's teachers. **Please check and print POWERSCHOOL schedules and grades before you come.** Printed grades and schedules will NOT be available for you that evening.

GLOW is hosting a lock-in on Friday, March 12. We are looking for donations from businesses in order to make this event a successful fundraiser for the Wisconsin Leukemia and Lymphoma Society. If you own a business, or know someone else who would be willing to donate, please contact Mrs. Lastusky, ext. 308. Businesses that donate \$250 or more will have their logo printed on the back of the t-shirts as advertisement.

Preparing Christian Leaders - One Student at a Time

TICKETS - Name	Date/Game	Arrival Time / Time of Game
Todd Kohlman	Fri., Jan. 22/GBB vs. Random Lake	Arrive 5:30 PM / JV Gm. 6:00 PM
Robin Kempf	Fri., Jan. 22/GBB vs. Random Lake	Arrive 7:00 PM / Var. Gm. 7:30 PM
John Wallrich	Tue., Jan. 26/BBB vs Howards Grove	Arrive 5:30 PM / JV Gm. 6:00 PM
Lisa Frank	Tue., Jan. 26/BBB vs Howards Grove	Arrive 7:00 PM / Var. Gm. 7:30 PM

CONCESSIONS - Name	Date/Game	ShiftTime
Dave & Wendy Ames (Need 2 students)	Tue., Jan. 26/BBB vs. Howards Grove	5:30 - 7:00 PM
(Need 1 adult) and (Need 2 students)	Tue., Jan. 26/BBB vs. Howards Grove	7:00 - 8:45 PM
Mike & Shelley Scheele (Need 2 students)	Fri., Jan. 29/BBB vs. Kohler	5:30 - 7:00 PM
(Need 1 adult) and (Need 2 students)	Fri., Jan. 29/BBB vs. Kohler	7:00 - 8:45 PM

We need these workers to ensure that we have concessions available and that the concessions area runs smoothly. These will count as service hours for our students for 2nd semester. If you can help fill in these times and days please contact Pastor Howard.

Workbound Update - Report #2

Workbound is about self and career exploration regardless of a student's career plan. There are essentially 12 components of the Workbound program:

1. Self evaluation and interest assessments
2. Goal setting
3. Junior year team-building: low and high ropes activities
4. Senior year team-building: orienteering and survival training
5. Group meetings with student, parent(s), business mentor and personal advisor
6. Job shadowing
7. Communication training
8. Employment skills development: resume building and interview, time management and prioritization skills
9. Career portfolio
10. Career ex-Financial responsibility
11. Review, revisit and reevaluate planning process

The Workbound curriculum is proprietary to the program; however, the topics and themes of the curriculum are important in understanding the breadth of the program and the scope of what is accomplished during the two-year course. The curriculum areas are:

Junior-year Curriculum

- Complete WisCareers survey if not already completed – analyze information
- Begin "Life Path" which includes identifying important people in the student's life, what does it mean to revitalize, how do I get started, what steps must be taken to reach my goals, what do I need to do to prepare for my senior year of school, what are my dreams, etc.
- Personal goal setting and complete self-assessments
- Career goal setting and abilities assessments
- Ropes course – team building and personal goals
- Communication awareness and training
- Resume writing
- Interview skills/mock interviews
- Career pie
- Exploring career clusters
- Job shadowing (late winter/early spring)
- Identify a business mentor (early spring)

Senior-year Curriculum

- Revise "Life Path"
- Revise resume and career goals
- Orienteering and advanced ropes - team building workshop
- Complete job shadows
- Time management skills training
- Financing post-secondary education
- Options/planning training – Plan A, Plan B, Plan C
- Interpersonal communication skills training
- How to be a quality employee
- Preparation for advanced education or work force – what are options
- Senior exit plan
- What is left undone

Preparing Christian Leaders - One Student at a Time

Comedy Sportz -Kill three birds with one stone. Have an awesome night of laughs, help the victims of the earthquake in Haiti, and take your Honey Bun (or not) out for Valentine's Day all at the same time. **On Saturday, February 13th at 8 PM**, as part of the youth retreat at Trinity (Sheboygan), they are bringing ComedySportz from Milwaukee with proceeds going to Haiti through Lutheran World Relief and Human Care. Tickets are \$10 in advance and \$12 at the door. You can get your tickets from the Lutheran High office or call Trinity (458-8246) or buy them at the door at the Weill Center. What a great way to spend Valentine's Day with your beloved (or not.) Tell all your friends!

Free H1N1 Vaccine Clinics are being held at the Sheb. County Div. of Public Health. Dates in the next two weeks are:

Jan. 22, 9:00-11:30; 23rd at Memorial Mall (Kohl's court) 11:00 - 2:00;
27th, 2:30-7; and 29th, 9-11:30. More dates coming!

NEAT REPEATS (<http://www.neatrepeatsthiftshop.com>) -

Jan. 25 - 30 - Shoes & Boots \$2.00

Feb. 1 - 6 - Valentines Special: Valentines items 50% off
and Everything red is 50% off



Winter Wonderland Week - Mission Haiti

Haiti has been hit with two major earthquakes taking a great toll on the people who live and work there. Many who were already in a great deal of need, being one of the poorest countries in the world already, now have even less. They have little freshwater, food, clothing, and the list goes on. We are going to be partnering with the LCMS World Relief and Human Care to help those who are hurting right now. The Lord has called us to serve needed and to love others! This is our opportunity and joyous privilege to serve those in Haiti.

During this next week we will be collecting funds. If we collect:

\$250 as a school, students will be allowed to wear screen printing

\$500 - wear jeans

\$750 - wear sweats.

While the clothing may be a bonus, the real reason we should do this is because God has called us to this great work of service to others! If you would like to help, please send funds to the school office (checks payable to: Lutheran High).